

Luma Connection #46: Identify Stars and Stairs

Teaching Tool: LumaLive®

This is Luma's synchronous, or same-time, meeting tool. This online tool allows learners to interact with each other to explore a topic and to discuss key concepts, share experiences, and ask questions in real time. Interaction types include learner to learner, learner to self, learner to content, and learner to instructor.



Tip: Use the Stars and Stairs discussion technique to reflect on learning.

Stars and Stairs is a versatile discussion technique in which learners identify the pros, positives, or wins (stars) and cons, obstacles, or challenges (stairs).

Here are some ideas for using the Stars and Stairs Discussion technique:



Icebreaker. Have learners share the stars (wins) and stairs (challenges) of their day.



Self-Assessment. Have learners reflect on their understanding of a topic or performance by identifying the stars (what they understood or accomplished) and the stairs (what they did not understand or achieve).



Feedback. Have learners rate a discussion by identifying the stars (positives) and the stairs (suggestions for improvement).



Goal-Setting. Have learners identify a goal or win and identify steps or stairs to achieving that goal.