

Roadblocks to Hydration Gallery Walk Discussion



Directions: Answer the questions and be ready to discuss in class.

Q1. Do you feel like you are hydrated? If yes, how do you know?

Q2. What are different roadblocks that prevent you or others from staying hydrated? (List all roadblocks)

Q3. Choose one of your roadblocks and create a strategy for overcoming that roadblock. Let's educate them! Create a sign, poster, post card, sketch on a napkin (or any other creative idea you have) that you will share in class in a "gallery" walk that will communicate how to overcome that roadblock.

- a. Be prepared to share your poster/artifact you created.
- b. Tell us about your strategy for overcoming the roadblock.

